

YOUR WORDS HAVE POWER.



Encourage your teen to guard their mental health by not using marijuana.

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DOES YOUR TEEN KNOW THIS?



**Youth cannabis use can lead to lasting behavior and memory problems.
Tell them about this risk.**

Source: <https://www.sciencenewsforstudents.org/article/cannabis-may-alter-a-teens-developing-brain>

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and wRecovery through a grant from the Substance Abuse and Mental Health Service Administration.

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PERSISTENCE OVER PERFECTION.



Talks with your teen about not using cannabis should be frequent, not flawless.

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SET RULES TO PROTECT YOUR TEEN'S BRAIN.



**Regular teen marijuana use may lower IQ.
It's worth setting and keeping "no use" rules.**

Source: https://nida.nih.gov/sites/default/files/parents_mj_brochure_2016.pdf <https://www.samhsa.gov/marijuana>

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